

4-1-2015

Iowa State Daily (April 01, 2015)

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Recommended Citation

Iowa State Daily, "Iowa State Daily (April 01, 2015)" (2015). *Iowa State Daily, April 2015*. 14.
http://lib.dr.iastate.edu/iowastatedaily_2015-04/14

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AN ISD EDITORIAL

SEXUAL ASSAULT IS OUR PROBLEM

Sexual assault is unacceptable. It should be obvious. Other people are clearly not your property, property that you can do whatever you want with. Peoples’ minds and bodies are their own. And you do not have the right to invade the most intimate parts of others’ minds and bodies.

Unfortunately, sexual assault is easy. Too many times have college students found themselves drunk at a party or walking home alone at night or countless other situations that can’t fit into a stereotype. And it’s easy to sexually assault someone or even be sexually assaulted. It happens all too frequently.

Sexual assault is also easy to read about. Sure it can make you angry after reading a timely warning email from the university. Maybe even enough to comment on Facebook or tweet. But then what? How many people are inspired enough to act? Whether it is stopping an assault from actually occurring, educating themselves or joining clubs or campaigns to make a difference, not many of us choose to act. That is the difficult part.

Sexual assault leaves lifelong emotional scars on survivors and shakes all their feelings of trust and security.

Sexual assault has countless repercussions for survivors who are forced to live and deal with the trauma for the rest of their lives.

***1 in 5 women have been raped*
1 in 31 men have been raped****

Sexual assault is wrong. So why don’t college students seem to get it? Why is there a culture of sexual assault that surrounds many of our nation’s college campuses?

April is Sexual Assault Awareness Month and it is a perfect time to not only reflect on the problems our campus and many others have faced, but also look toward the future, rededicate ourselves and create attainable goals for improving the safety and correcting the culture of our campuses. This editorial board is taking the opportunity on the first day of this month to plead for continued awareness of and action against sexual assaults from our fellow students and administrators both at Iowa State University and all other universities across the country.

There is not one clear solution to this culture of sexual assault on college campuses. If there was, wouldn’t the countless activists, politicians and school administra-

About 80 percent of women who have been raped experienced the first rape before the age of 25.*

tors who are so passionate about the issue already have solved it? But any time awareness, education or activism is improved or becomes more frequent — or even if a simple conversation is started about the issue — we are one step closer to changing the culture and making our campuses and ourselves safer.

Sexual assault is clearly an epidemic. According to a report on rape and sexual assault produced by the White House Council on Women and Girls, 1 in 5 college women have been sexually assaulted. However, according to the report, only about 12 percent of sexual assaults on college students are reported to law enforcement. Because of this, the true number of sexual assaults on college students is difficult to determine and much disputed.

But it does not matter what the true number of sexual assaults on our nation’s college campuses is, no matter how much it is debated over. Because one sexual assault on one college campus is too many.

In the eyes of this editorial board, this school year alone has driven home the fact that sexual assault is a real problem in our country and at Iowa State. The news of another sexual assault on campus has been an all too common headline in our own newspaper this year. And on top of the many sexual assaults, some of which were reported at residence halls, a fraternity was suspended after a sexual assault accusation and the university itself is under investigation by the federal government for its handlings of sexual assault cases.

The problem of sexual assaults has been one the ISD Editorial Board has felt passionately about and discussed many times in our newspaper this year all in an effort to keep the issue at the forefront of our readers’ minds. We have called for ongoing education and conversations for students on the subject, expressed disappointment in our university’s handlings of sexual

assault cases after it attracted the investigation, supported student-led initiatives against sexual assault and discussed the pitfalls of reporting sexual assaults to universities instead of law enforcement.

And yet, despite the continuous reporting and advocacy by this editorial board and countless other students, administrators and officials at our school and across the country, sexual assault continues to be a terrifying epidemic and it

12 percent of sexual assaults on college students are reported to law enforcement.**

is completely unacceptable.

The latest Clery Report — an annual campus safety report and crime statistics required by the federal government — showed 20 “forcible sex offenses” occurred in 2013. This number is up from 12 in 2012 and seven in 2011. While it is unclear if more of these cases are actually occurring or if more are simply just being reported, this statistic does show sexual assaults continue to be a problem on our campus.

Students should demand better of each other and their universities, not just here at Iowa State but all across the country. Administrators should have higher expectations for their staffs, students and institutions. Our government should accept nothing short of eradication of this culture that perpetuates sexual assault.

And while our editorial board has made many suggestions on how to improve the culture and frequency of sexual assaults on our campus, there is not one clear and immediate solution. However, that is not an excuse for those invested in our country’s campuses to do anything short of work tirelessly to improve the situation.

This is a call, to students, faculty, administrators or anyone else who will listen to stay informed, expect more out of their peers and take the next step toward ending sexual assault. Because as of now, sexual assault is our culture, our epidemic and, most importantly, our problem.

*Iowa Coalition Against Sexual Assault

**White House Council on Women and Girls



Weather



WEDNESDAY
Sunny. Thunderstorms late.

81
49



THURSDAY
A chance of morning showers. Partly cloudy.

64
37



FRIDAY
Mostly sunny. A slight chance of showers.

47
35

Weather provided by ISU Meteorology Club.

Calendar

All events courtesy of the ISU events calendar.

April 1

The Once and Future Neighborhood: Prospects for Walkable Diversity 5:30 to 6:30 in Kocimski Auditorium, 101 College of Design

Fostering neighborhoods that are both walkable and socially and economically diverse has been a long-standing goal of urban planners. What is the current status of this goal, and how far off are we from achieving walkable diversity for an American public that is no longer enamored with car-based suburbia? Emily Talen, a professor of urban planning and sustainability scientist at Arizona State University, will address this and related questions.

Beginning Belly Dance 7 to 8:10 p.m. in the MU workspace

A Three Pillars Delsarte based approach to Middle Eastern Belly Dance in the style of award winning performer Shiara. This class teaches the basic movements of belly dance with a specific focus and detailed exploration each week. Walk-ins welcome!

Instructor: Lisa Rich McKelvey (Shiara)
Classes meet on Wednesdays.
Purchase a dance punch card and attend as often as you

schedule allows.

Thompson Memorial Lecture: Daniel Wildcat 7 p.m. in the Sun Room
"Climate Change Red Alert! Can Traditional Indigenous Knowledge Rescue the World?"- Daniel R. Wildcat, Yuchi, member of the Muscogee (Creek) Nation of Oklahoma, is the director of the Haskell Environmental Research Studies Center and dean of the College of Natural and Social Sciences at Haskell Indian Nations University in Lawrence, Kansas.

The Haskell Environmental Research Studies Center provides support for programs of interest to American Indian and Alaska Native communities and has most recently focused on the effects of climate change on indigenous communities. Saving the Planet with Indigenous Knowledge draws on American Indian cultural practices and nature-centered beliefs to advocate a modern strategy to combat global warming.

Abdelmassih leaving for St. John's

By Alex.Gookin
@iowastatedaily.com

ISU assistant basketball coach and head recruiter Matt Abdelmassih announced via Twitter that he is leaving Iowa State for a position at St. John's.

Former St. John's and NBA player Chris Mullin accepted the head coaching job for the Red Storm earlier in the week. Abdelmassih will take a similar position at St. John's as he had at Iowa State.

Abdelmassih, a former St. John's student assistant, was responsible for bringing in many of Iowa State's star transfers such as Royce White, DeAndre Kane, Dustin Hogue, Bryce Dejean-Jones and Jameel McKay.

His statement on Twitter is as follows:

"Here is to the last 5 years.....

From the accomplishments to the work-in-progress, to all the amazing people I was fortunate to develop relationships with. We've had so many incredible moments and they all circle back to one person, Fred Hoiberg. Without Fred, I wouldn't be where I am today.



ABDELMASSIH

I wouldn't have met the best thing that's ever happened to me, my wife Kelly. I wouldn't have had the honor to climb on a ladder and cut down the net — twice — winning two [Big 12] championships. I wouldn't have had the honor to work with so many great kids and coaches who have become life long friends.

I wouldn't have experienced one of the most impressive turnarounds in college basketball bringing Iowa State to national prominence. And I can't forget Hilton Magic ... my ears will always ring when someone brings up Hilton Coliseum to me. All of these amazing things happened because of one person. This isn't easy. Actually this is ridiculously hard leaving a place, and a person, that I truly have deep feelings for. All I can say is Thank You. Thanks for being so supportive, being so welcoming, and passionate.

I am going back to work at my alma mater St. John's, a place that holds a special place in my heart. Make no mistake — I will always have loyalty toward Iowa State and will always bleed cardinal and gold. I can go on and on especially about Fred, but it will never be farewell, only see ya later. I am certain our paths will cross again. Much love to everyone that I was fortunate to have met and spend time with. Go Cyclones & Red Storm!"

Online Content

MORE INFO

Resources for sexual assault

Today's editorial discusses the culture of sexual assaults on college campuses. Are you or someone you know a survivor of sexual assault? To find a list of resources for sexual assault survivors who are also ISU students, go online to the opinion section of the Daily's website or app.

APRIL FOOLS

Send us your jokes

Today is April Fool's Day, which means many will be playing pranks and telling jokes to friends and family. Did you pull off a great April Fool's Joke? The Daily wants to hear about it. Tweet it to us @iowastatedaily.

MORE INFO

Women in politics

Attorney and author Michelle Bernard discussed how women are changing politics in a lecture at Iowa State on Tuesday. For more on this subject, including a list of powerful women in American politics, go online to the news section of the Daily's app.

MORE INFO

LGBTSS honors

Members of the ISU community were given LG-BTSS awards and scholarships on Tuesday. To find a full list of recipients, go online to the news section of the Daily's app.

Corrections

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

AUDITIONS!
SHREK THE MUSICAL
Sat. Apr. 4 2pm Ages 12-16
Sun. Apr. 5 7pm Adults
Sat. Apr. 11 2pm Anyone
ACTORS, 120 Abraham Drive, Ames
Come prepared to sing and dance, bring a prepared musical piece not from the show.
Performance Dates: June 12-28 Questions? info@actorsinc.org
"Shrek The Musical" is presented through special arrangement with Music Theater International (MTI).
ACTORS is supported in part through local option tax funds provided by the City of Ames through the Commission On The Arts.
ACTORS receives support from the Ames Convention and Visitors Bureau and the Story County Community Foundation.

The Carl and Marjory Hertz Lecture on Emerging Issues in Agriculture
Ted Crosbie
Ted Crosbie is known for leading the establishment of one of the world's largest plant breeding programs at Monsanto Company.
Applying an Iowa State Education to Life A Tribute to My Teachers
Wednesday, April 1, 2015 - 7 pm
Dolezal Auditorium - 127 Curtiss
Sponsored by: College of Agriculture & Life Sciences and Committee on Lectures (funded by GSB)

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RICHARD THOMPSON MEMORIAL LECTURE
CLIMATE CHANGE RED ALERT!
Can Traditional Indigenous Knowledge Rescue the World?
DANIEL WILDCAT
Daniel R. Wildcat, Yuchi, member of the Muscogee (Creek) Nation of Oklahoma, is the director of the Haskell Environmental Research Studies Center and dean of the College of Natural and Social Sciences at Haskell Indian Nations University in Lawrence, Kansas.
Wednesday, April 1, 2015 - 7 pm
Sun Room, Memorial Union
Sponsored by: American Indian Studies Program, United Nations Permanent Forum on Indigenous Issues, Richard Thompson Memorial Fund, College of Liberal Arts and Sciences, American Indian Studies Center, College of Agriculture and Life Sciences, and Committee on Lectures (funded by GSB)

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GENERAL INFORMATION:
The Iowa State Daily is an independent student newspaper established in 1890 and written, edited and sold by students.
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Publication:
ISU students subscribe to the Iowa State Daily through activity fees paid to the Government of the Student Body.
Subscription costs:
Subscriptions are 40 cents per copy or \$40 annually for mailed subscriptions to ISU students, faculty and staff. Subscriptions are \$62 annually for the general public.
Fall & Spring sessions:
The Iowa State Daily is published Monday through Friday during the nine-month academic year, except for university holidays, scheduled breaks and the finals week.
Summer sessions:
The Iowa State Daily is published as a weekly on Wednesdays, except for university holidays, scheduled breaks and finals week.
Opinions expressed in editorials belong to the Iowa State Daily Editorial Board.

The Daily is published by the Iowa State Daily Publication Board, Room 108 Hamilton Hall, Ames, Iowa, 50011.
The Publication Board meets at 5 p.m. on the fourth Thursday of the month during the academic school year in Hamilton Hall.
Postmaster: (USPS 796-870)
Send address changes to: Iowa State Daily, Room 108 Hamilton Hall, Ames, Iowa 50011
PERIODICALS POSTAGE paid at Ames, IA 50010

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IOWA STATE DAILY



The recipients of the Lesbian, Gay, Bisexual and Transgender Student Services awards and scholarships are acknowledged at the end of the Gender and Sexuality Equity Awards Reception at Hach Hall on Tuesday. Danielle Ferguson/Iowa State Daily

ISU campus leaders recognized at reception

By Montana.Crow
@iowastatedaily.com

Gender equality advocates at Iowa State had a chance to shine the light on campus leaders on Tuesday. The Margaret Sloss Women’s Center and the Lesbian, Gay, Bisexual and Transgender Student Services paired up to host its first ever Gender and Sexuality Equity Awards Reception. Mike Giles, director of recreation services, was the 2015 recipient for the Margaret Sloss Gender Equity Award. Each year this award is given to an individual who excels in helping women gain equity and the excellent leadership he or she portrays.

Giles has done a lot of work promoting social justice during recreational activities and always strives to be a team player, said colleague Kenyatta Shamburger, assistant dean of students and director of Multicultural Student Affairs. “He [Giles] has been a team leader to not only his own work of social justice but a great partner to work with,” Shamburger said. Giles was unable to attend the ceremony but his wife and children accepted the award on his behalf and thanked the community for its support. The recognition ceremony helps students and staff distinguish the hard work members of the ISU community play in gender equity and how they con-

tinue to make a difference, Shamburger said. It’s a great opportunity to come together to learn about what other people are doing and how they are striving for equity, he said. The ceremony took place at Hach Hall at 2 p.m. The Margaret Sloss Center awarded four scholarships and awards, while the LG-BTSS awarded 14 students scholarships and awards for the leadership they have demonstrated on campus. There is a lot of hard work that goes into fighting equity and it’s a collaborative effort between students, staff and the community to keep working hard at achieving equity said Wayne Glass, graduate student who received LGBTSS award for academic excellence and

Graduate Student of the Year at the reception. “It’s a good way to bring the community together to continue to advocate, educate and support those continuing to fight equity at Iowa State,” Glass said. The keynote speaker at the ceremony was Calli Sanders, senior associate athletic director. Sanders stressed the importance for Title IX and the purpose it serves for women’s equity. At Iowa State, Sanders has improved the work life for women and increased their value by working with their schedules and improving ISU women’s athletics. “We are not men or women or gay or straight or black or white, we are Cy-clones,” Sanders said.

MARGARET SLOSS AWARDS, SCHOLARSHIPS

- Margaret Sloss Gender Equity Award- Mike Giles
- Lee Hadley Scholarship- Morgan Young
- Adult student scholarship- Lindsay Fitzgerald
- Rosenthal scholarship- Kaylea Carrott

LGBTSS AWARDS, SCHOLARSHIPS

- Scott Rohlf Presidential Leadership Initiative Award- Benjamin Spick
- Walter J. Allen & Shaun B. Keister scholarship- Paul Hengesteg
- Award for Academic Excellence- Wayne Glass
- Award for Community Development- Joshua Hale
- Emerging Leader Award- Benjamin Spick
- Undergraduate Student of the Year- Adam Guenther
- Graduate Student of the Year- Wayne Glass
- Award of Student Services- Nicci Port
- W. Houston Dougharty Ally award- Katie Smith and Amy Barnhart
- Change Agent Award- Alex Young, Christina Hillman, Izzy Tenbrook and Jess Gookin

The Sarge will return to advocate for safety

By Makayla.Tendall
@iowastatedaily.com

The Sarge will make a comeback this spring, though Veishea will not. The ISU Police Department will hold its annual spring safety campaign in an effort to keep students engaged with the department and think twice about engaging in risky behaviors. “We typically launch the spring campaign in cahoots with the Sexual Assault Awareness Month. It gets us out one time and we get to hit two big topics,” said officer Anthony Greiter, who is in charge of community engagement for ISU Police. The spring campaign keeps the ISU Police Department — along with the Ames Police Department, ISU Police’s partners in the campaign — engaged with students and the Ames community. Greiter keeps students engaged in the campaign by handing out T-shirts with the campaign’s theme as well

as using Twitter and Facebook to keep students talking about the campaign’s theme. “It’s always been a big goal of ours to be approachable,” Greiter said. “We have a great relationship with our community and we want to keep it that way. We want people to keep coming to us.” Like last year’s theme, the campaign will center on Sarge Says with Greiter offering advice and warnings through social media using Sarge Says. This year’s T-shirts will feature “a little bit of edge to try to get people’s attention,” Greiter said. The shirts say “Keep calm and B.S.,” with B.S. standing for “be smart, be safe, be sober.” “I have no problem calling people out and saying come over and get a free T-shirt. That’s what college is for,” Greiter said. On Wednesday and April 9, from 10:30 a.m. to 12:30 a.m., Ames and ISU police officers will be stationed on the south side of Parks Library next to



Free T-shirts will be given to students who have non-emergency police numbers saved in their phones. The shirt reflects the theme of this year’s “Sarge Says” program, which will continue throughout April. Charlie Coffey/Iowa State Daily

a squad car handing out T-shirts. In order to get a free T-shirt, students must prove they have the Ames and ISU Police non-emergency number saved as a contact in their phone for

easy access in case of an emergency. Greiter said advocates from ACCESS Assault Care Center will also be avail-

SAFETY p10



The city of Ames is in the process of reconstructing Hayward Avenue. There will be two phases, the first of which started on March 25. Whitney Lynn/Iowa State Daily

Hayward Avenue currently undergoing construction

By Audra.Kincart
@iowastatedaily.com

Students who live on Hayward Avenue will have a tough time getting to their homes for the next 12 weeks. The first phase of construction started March 25 and is expected to last for four to six weeks. During this time, vehicles will not be allowed access to that section of Hayward Avenue. The first phase will take place between Hunt Street and Chamberlain Street and the second phase will take place from Chamberlain Street to Lincoln Way. During the second phase of construction, sidewalks will remain open, so businesses can still be reached. The sidewalks are currently still available during the first phase of construction. Once the construction is finished for phase two, one sidewalk at a time will be reconstructed to finish the entire street. Construction is being

done to update the water main located below the street as well as improve storm drainage. Access to the businesses during the second phase of construction when the sidewalk is being repaired will come from the east side of the street and the parking lot will remain open throughout construction as well. The second phase of the project will take longer than the first phase because of a box culvert beneath the street. A box culvert is an underground drainage structure that is like a giant tube, said Construct Incorporated project manager Doug Waite. The tube is about 8 feet tall and drains water from the residents of Hayward Avenue to Lake Laverne. With “cooperation with Mother Nature,” the project should be completed over the summer before students return to Ames, Waite said. So far, Construct Inc. has not faced resistance from students or residents since construction has begun.

City of Ames begins Grand Avenue extension studies

By Mitchel.Anderson
@iowastatedaily.com

The city of Ames held an open house on Tuesday to inform the public about its progress in beginning a study to determine a location for the extension of Grand Avenue from Squaw Creek Drive to South 16th Street. The study is scheduled to be conducted during a 24-month period and will include two main phases. According to the city of Ames, the first phase of the study will look into roadway locations, traf-

fic impacts and floodway impacts. The second phase of the study will evaluate the potential for environmental impacts. The city of Ames is working with engineering and technical service provider HR Green to conduct the study. “What we’re trying to look at is [how much] we need to raise the roadway to keep that in operation during a specific flood event, whether that’s a 100-year design flood event or, for example, a historic even like the 2010 flood that most people are aware of,” said Joe Vavrina, a project

manager at HR Green. The location and environmental study will assist in granting the city knowledge of how to improve roadway connections between South Grand Avenue and South 16th Street, and also South Fifth Street from South Duff Avenue to South Grand Avenue. Increased traffic volumes will also need to be taken into consideration for the study. According to a traffic analysis done by the Iowa Department of Transportation, in 2011 South Duff Avenue saw 24,200 cars per day, and South 16th Street

saw 10,100 cars per day. In 2040, South Duff Avenue is projected to see 28,300 cars per day and South 16th would see 13,800 cars per day if no improvements are made to Grand Avenue. The study did not indicate whether or not it took into account the rising enrollment at Iowa State. The city of Ames and HR Green worked to develop four alternatives for the extension, and after the first phases of the study are done, they will eventually be seeking public and agency input before further progress is made on the plan.

Lecture addresses women in politics



Jessica Darland/Iowa State Daily
Michelle Bernard, attorney, author and political activist, spoke at the Memorial Union on Tuesday. She talked about how Iowa is important to politics, along with the prominence and perception of political women.

By Mariah.Anderson
@iowastatedaily.com

Michelle Bernard, an attorney, author and political analyst, touched on bipartisanship, the importance of women’s voices in government, the possibility of Hillary Clinton running for president and other issues in her lecture at the Memorial Union on Tuesday night.

Bernard, who often serves as a legal and political analyst on MSNBC, continually stressed the importance of women continuing to run for public office and run until they win.

“We need more women’s voices and we need them running at the national level,” Bernard said.

Bernard also addressed sexism in the media, especially as it is related to female politicians. She touched on body shaming, fashion policing and stereotyping in the media. Bernard suggested that anyone who disagrees with how women are portrayed in the

media should first “vote with their remote control,” or refuse to give viewership to programs that portray women in a way they find sexist, and second, always call out instances of sexism.

With the 2016 presidential race approaching, Hillary Clinton, who is expected to announce her candidacy, was a hot topic, both in Bernard’s speech and in the following question and answer session. Bernard expects Clinton to run, and said she believes Clinton should announce her campaign in Iowa. While Bernard said she does not consider herself to be on the “Hillary bandwagon,” she said she felt Clinton is ready to run.

Megan Danielson, junior in advertising and communications studies, expressed appreciation for Bernard addressing campus rape, an issue Danielson said she believes to be very important to ISU students. Bernard said campus rape was a “horrific crime.”

Kat Hemken, junior in public service and ad-

ministration in agriculture, said she was glad Bernard brought up how women govern differently than men, but wished she would have gone more in-depth.

Bernard mentioned how women in Washington have recently been doing a lot of bipartisan work, especially on the topics of military rape and immigration rights, by reaching across the aisle and finding common ground. Hemken said she’d done a lot of reading on the subject, and thinks Bernard missed some important points.

Bernard remained optimistic about the present and future of women in politics and said she “[chooses] to look at it as the glass half-full.”

“We are moving forward and not looking back, Bernard said.”

Bernard’s lecture was part of the Carrie Chapman Catt Center’s Mary Louise Smith Chair, which brings prominent women leaders to the university once or twice a year to speak about politics.

Undergraduate symposium highlights original research

By Mariah.Griffith
@iowastatedaily.com

ISU students have the opportunity to expand their knowledge and the knowledge of the scientific community through original research.

Through the 10th annual Stupka Undergraduate Research Symposium, a group of ISU students will showcase the research students are currently doing, and encourage more student participation in future research.

“The Stupka symposium is the result of students, staff and faculty working together to promote scientific expression and knowledge,” said Lauran Chambers, junior in biochemistry.

The symposium is expanding to include more research from other colleges and departments every year.

“I think more undergraduates should be aware [of it],” said Kayla Arney, senior in animal science and a committee member. “Especially the ones in sciences who want to get their research out there and recognized.”

The first symposium of this type at Iowa State was slated for spring 2006, and organized by a group of six students.

One of the six students of the group was Robert Stupka III.

Stupka was an avid student who began participating in research as early as his second semester. He wanted to press upon the

university the need for undergraduate research opportunities and celebrate the progress his fellow students had made with the help of their professors. In this way, Stupka was a driving force behind the creation of the undergraduate research symposium.

Unfortunately, he never got to see it. Stupka was hit by a vehicle and killed while walking to the Molecular Biology Building in November 2005. The Stupka Symposium now bears his name as a memorial.

Additionally, a scholarship was created in his honor, and is awarded to students who are exceptionally involved in the community and research activities at Iowa State.

“It’s a really amazing



Iowa State Daily
Presenters, moderators and visitors take a break at last year's Stupka Undergraduate Research Symposium. This year's symposium will take place on April 10 and 11 and is open for all students to register.

event and it’s going to be an amazing year for it because we’re going to have so many alumni coming back,” Arney said.

She noted Rob Stupka’s alumni fellow committee members and his parents were all planning on attending the symposium this year.

“I think it’s really important to encourage undergraduate students who come, especially if they’re in honors,” said Flora Yen, committee member and

senior in biochemistry. “This will be good shadowing experience for them since we do this as a competition and the professors take this seriously.”

This year’s 10th anniversary symposium is open to all students who register to attend.

The symposium will include two days of interactions with alumni and professionals, presentations by keynote speakers Gloria Culver and John Chaput, poster presentations by

students and staff, speeches by ISU President Steven Leath and Provost Jonathan Wickert, and meals through lunch on Saturday.

“It’s one of those things that everyone is really passionate about,” Arney said. “You get involved and you love it ... and that it’s in memory of Rob is just amazing.”

Any student can register to attend the free events, particularly meals, and can do so through stupka.las.iastate.edu.



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Saturday, April 4


10 a.m. to 2 p.m

Community Center Gym

Ames City Hall

515 Clark Ave.

The annual City of Ames Eco Fair has the answers to all your sustainability questions! Booths, vendors, activities, and displays will show how residents can reduce, reuse, and recycle. Free and fun for all ages!



CITY OF Ames



Junior hurdler Kaci Storm competes in the 60-meter hurdles during the Holiday Preview on Dec. 6, 2013. In her first competition of the 2015 outdoor season, Storm earned a personal record in the 100-meter hurdles.

Iowa State Daily

STRENGTH OF COMPETITION INFLUENCES PERFORMANCE

By Kyle Heim
@iowastatedaily.com

When ISU track and field athletes and coaches mark their calendars at the beginning of the season, the meets at the end get circled twice. The athletes save a little extra in the tank for these meets — where personal records are set and historical performances are reached.

During the indoor season, it was the Big 12 Championship, the last indoor meet for many of the ISU athletes, that produced some of the best performances. In the span of two days, the Cyclones reached

double digits in personal records.

But the question is, are the improved times a reflection of individual progress or an increase in competition?

“Put a standard at something, at one particular number, you’ll tend to find that a lot of people rise to the occasion,” said ISU coach Glenn Smith.

While the strength of competition may influence athletes on the team to reach higher levels of success, the work put in leading up to the end of the season meets does not go unnoticed.

“For track, we’re really geared up for conference,

NCAA first round and second round, so really every day or every meet is leading up to doing well at those ones,” Smith said. “Every meet is kind of a gauge. OK, there is where we’re at right now, what things do we need to change to get a little faster?”

Like the start of the indoor season, ISU women’s track and field athletes and coaches have their eyes set on the bigger picture.

But success at the end is accomplished through a process of training and competing in meets during the entire season.

The team finished its first outdoor meet of the season, the Baldy Castillo

Invitational, on March 20 and 21.

The next step is the Stanford Invitational in Palo Alto, Calif., and the Tiger Track Classic in Auburn, Ala., which will both take place on Friday and Saturday. ISU athletes will be featured in both events.

“Our coaches do the best to put us in places where we’re going to be competing against the best, and I think that’s something that has really helped out the whole team,” said junior hurdler Kaci Storm. “I can see it in myself individually as well.”

After recording a personal record in the 100-meter hurdles at the

Baldy Castillo Invitational, Storm’s goal at the Tiger Track Classic is to set another.

“Every time you get on the track, you want to do better,” Storm said.

When the end of the season does arrive, Iowa State will use both the strength of competition it faces and the progress it’s made during the course of the campaign in attempt to qualify as many athletes as possible to the NCAA championships in Eugene, Ore. on June 10 to 13.

“Putting us with the best just pushes us further and I think helps us see how far we can come as a group,” Storm said.

ISU softball returns to the mound against UNI

By Garrett Kroeger
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After a week away from the ballpark, ISU softball is primed and ready to take the field against in-state foe, Northern Iowa.

The last time the Cyclones played a game was the weekend of March 21 against the South Dakota and Miami of Ohio. Both were doubleheaders.

During the doubleheader against South Dakota, the Cyclones earned the sweep with an 11-10 win in the first game and a 6-5 win in the second. The Cyclones did not fare as well as they did against South Dakota in the March 22 doubleheader against Miami of Ohio, dropping both games by scores of 9-4 and 5-3.

Since then, the Cyclones have had a week to straighten out the areas of improvement that need to be fixed before the UNI game.

One of the areas of improvement that the Cyclones have been focusing on is securing ground balls and not letting them get past them.

“We have been taking a lot of ground balls this week,” said senior shortstop Lexi Slater. “When pitching has not been doing well, we have to back them by securing those ground balls, which we have not been doing.”

The Cyclones have certainly focused on that area as each infielder and outfielder has stayed after practice this past week and made sure that they secured more than 100 ground balls.

Helping out pitchers has not been the only focus for the past week, however. The Cyclones have also zeroed in on their hitting.

“We are a talented team, but we need to bring



Kelby Wingert/Iowa State Daily

Freshman Kelsey McFarland leads off second base against Utah State on Feb. 6 at Bergstrom Indoor Football Complex. McFarland and Iowa State return to the field Wednesday for a game against Northern Iowa.

our hitting to every game,” said coach Stacy Gemeinhardt-Cesler. “We did great against South Dakota in that area, but against Miami we fell off, so it is a reminder to us to bring our hitting.”

With a week off, several Cyclones were also allowed time to get healthy once again.

“We took some time off,” Gemeinhardt-Cesler said. “It is a long season, but this certainly came at a good time — right before

conference play.”

As the Cyclones prepare to face their first in-state game of the season, they look to avenge their loss from the fall against the Panthers.

“It should be an exciting game tomorrow and hopefully we can get a big win,” said freshman outfielder Kelsey McFarland.

The Cyclones will try to get the win as they take on the Panthers at 4 p.m. Wednesday at the Cyclone Sports Complex.

ISU tennis uses break to reflect

By Brian Mozey
@iowastatedaily.com

With a small break in the regular season, the ISU tennis team has been able to reflect on the non-conference and the beginning of Big 12 matches. With close wins and losses, the team has high hopes entering the end of the season.

The team holds an overall record of 7-11 and a 2-4 Big 12 record this season. With wins against West Virginia, Kansas State, Utah State and Quinnipiac and losses to Kansas, Oklahoma, Texas, Baylor and Minnesota, coach Armando Espinosa is confident for the end of the season and the Big 12 tournament.

“I’m happy with how the season is going,” Espinosa said. “We’re technically 7-11 this season, but with the close losses we could easily be 10-8 or 11-7.”

The team has had four 4-2 losses and one 4-3 loss this regular season and with more time and confidence, Espinosa thinks the scores could have been 4-3 wins.

Senior Ksenia Pronina said the team continues to improve every game, with the team’s main focus to win the Big 12 championship at the end of the season.

The team started off 2-1 in the first three matches and then struggled for the next seven matches, going 1-6 with losses to Northern Iowa, Oklahoma and Drake.

“We were faced with some different lineup changes with Ana’s [Gaspárovic] wrist injury and that led to a couple weeks of losses and frustration,” said senior Caroline Andersen. “It was tough, but I believe those losses made us stronger going into the Big 12 conference matches.”

After the Oklahoma match, the team faced West Virginia at home on the outdoor courts and won the match 4-3.



Iowa State Daily

Senior Caroline Hauge Andersen and Lydia Green wait for their next match against Texas Tech on March 30, 2014. Iowa State will finish its regular season with four matches, three against Big 12 opponents.

The deciding point was determined by a tiebreaker in No. 4 singles with junior Alejandra Galvis.

“West Virginia was a big match to win for the team because it built our confidence going into a week with four matches and two of them being Big 12 teams,” Galvis said.

During Spring Break, Iowa State lost to St. John’s and Kansas, but defeated Quinnipiac and Kansas State.

The match against Kansas State was the first time since the 2008-09 season that Iowa State defeated the Wildcats. This second win in the Big 12 record is the most wins in a season since Espinosa has been head coach of the ISU tennis program.

Espinosa said there’s been a lot of improvement throughout the season with every player and he’s excited to see how the team finishes with the last four games and the Big 12 tournament.

“Now that we have

two wins under our belt we have confidence into the final part of our season,” Espinosa said. “All we need to do is continue to improve and we’ll shock some people in the Big 12 tournament.”

The team has four matches left in the regular season against TCU, Texas Tech, Oklahoma State and Augustana. After those matches, the Big 12 championship will begin on April 23 and end on April 26.

With a couple more wins during the regular season, the ISU tennis team could climb into a top six spot in the Big 12 standings. This would give the Cyclones a bye into the second round and possibly play a team they defeated this season.

“Our ultimate goal is to win the Big 12 championship at the end of the year,” said senior Meghan CasSENS. “Everything before this tournament is a chance to improve, so you’re playing your best tennis at that specific time in April.”

Sudoku *by the Mepham Group*

		4			5	6		
	7	1				5		9
6		5		7			3	
	1							2
			3		6			
4								1
	9			5		8		3
7		6				1	2	
		8	1			7		

LEVEL:
1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

Crossword

1	2	3		4	5	6	7		8	9	10	11	12	13
14				15					16					
17			18						19					
20						21		22						
23				24	25			26						
			27			28			29	30	31	32		
33	34	35				36			37		38			
39						40			41	42				
43				44	45				46					
47			48		49				50					
			51	52				53			54	55	56	
		57	58					59			60			
61							62	63	64					
65							66				67			
68							69				70			

- Across**

1 "That's enough from you!"
4 City whose tower's construction began in 1173
8 Pops out of the cockpit
14 Seoul-based automaker
15 Bulky boats
16 Hit one's limit, in slang
17 How poets write?
19 Like a classic French soup
20 Tree of Knowledge locale
21 How moonshine is made?
23 Quick summary
26 Learned
27 Actress Thurman
28 Bath bathroom
29 Go to the bottom
33 How parts of a whole can be written?
38 Middling grade
39 "Doctor Who" actress Gillan
40 Taylor of fashion
41 Strong glue
43 Lyrical preposition
44 How a priest preaches?
47 Electrically flexible
49 Lyrical preposition
50 Feel crummy
- 51 World power until 1991: Abbr.
53 Spirits brand with a Peppar variety
57 How kangaroos travel?
60 Former Cubs slugger
61 Meadow lows
62 How some paper is packaged?
65 Land on two continents
66 Squeaker in Stuttgart
67 Big fan
68 1987 Beatty flop
69 Freelancer's detail
70 Big primate
- Down**

1 One going downhill fast
2 __ Kush mountains
3 Port in a storm, so to speak
4 Score to shoot for
5 Taxing initials
6 Knitter's coil
7 Part of LPG: Abbr.
8 What the cold-blooded don't feel
9 She performed between Creedence and Sly at Woodstock
10 Sends away
11 Aloof
- 12 Napa vessels
13 Piggery
18 Last
22 Needs a fainting couch
24 Saudi neighbor
25 WWII female
28 Hard-hit ball
30 Clickable image
31 Coming up
32 Florida __
33 Blue-and-yellow megastore
34 Stash finder
35 Willard of "Best in Show"
36 Brewpub
37 Pre-final rounds
42 Speaker between Hastert and Boehner
45 Coffee order
46 Pickup at a 36-Down
48 Picasso, for one
52 Justice Sotomayor
53 "Easy-peasy!"
54 Fictional Doone
55 Go through entirely
56 Small bite
57 Short notes?
58 Small bite
59 Lowers, as lights
61 X-ray kin
63 Ont. neighbor
64 L.A. campus

Horoscopes *by Linda Black*

Today's Birthday (4/01/15)
Love expands this year, especially at home, as your family circle grows. Late spring renovation projects lead to summer fun. Enjoy domestic bliss and beautification. Romance and finances bloom from late spring to autumn. Maintain expenses below rising earnings. Demand rises for your creativity, especially after August. Focus on growing what you love.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

- Aries - 6**
(March 21-April 19)
Change your passwords or upgrade your computer antivirus. Intuition provides a new vision of the future you want to see realized. Something's lost but something's gained. Write or draw your ideas.
- Libra - 7**
(Sept. 23-Oct. 22)
Play by the rules, even as you feel like rebelling. Gather valuable information, and make a brilliant discovery. You can learn what you need to surpass an obstacle. Good news arrives.
- Taurus - 5**
(April 20-May 20)
The Moon's in your sign, and your words travel. Take an undisciplined approach farther than imagined. Work's required, and it could get chaotic. Difficulties become apparent. You can do more.
- Scorpio - 7**
(Oct. 23-Nov. 21)
Don't stir up jealousies or controversy. Lean, but not too hard. Gentle persistence works better than force. A lucky break changes your hand. You can't do everything, so fix things first.
- Gemini - 5**
(May 21-June 20)
Postpone arguments. Sort and file quietly instead. Hold onto what you have. Try out your pitch on a family member. Unity of purpose prevails, so clarify the message. Inspect a nagging suspicion.
- Sagittarius - 7**
(Nov. 22-Dec. 21)
You're gaining confidence, despite unsettled conditions. Replace broken parts and repair infrastructure. Provide excellent service. Your efforts go farther than expected.
- Cancer - 7**
(June 21-July 22)
This is a problem you can figure out. There's more work coming in. Test intuition by researching the facts. Present results to associates. Expand a little at a time. Persuade others that you are right.
- Capricorn - 7**
(Dec. 22-Jan. 19)
Savor sensual delights like flavor, aroma, color and beautiful compositions. Take creative risks, but don't launch your project publicly yet. Consider aesthetics and mood. It doesn't need to be expensive.
- Leo - 7**
(July 23-Aug. 22)
A little mistake has big consequences. Keep practicing. Do what you already know works. Nothing remains the same forever, anyway. New information changes the picture. Express yourself.
- Aquarius - 6**
(Jan. 20-Feb. 18)
Add beauty to your place... flowers maybe, color and style. The mood seems optimistic and empowered, rebellious even. Take an idea and run with it. Test the limits of a creative vision. Invest in supplies.
- Virgo - 7**
(Aug. 23-Sept. 22)
You have plenty coming in, but keep expenses down anyway. A new item for the home could be appropriate. Anticipate a surprise. A partner's stubbornness causes problems.
- Pisces - 6**
(Feb. 19-March 20)
It could get chaotic, with communications that reach farther than expected, and pleasant surprises, including a moment of sheer genius. Your partner contributes. Evaluate it all philosophically.

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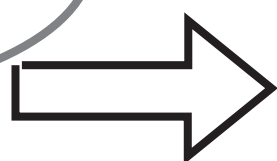
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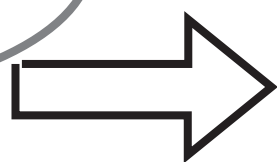
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CAMPUS SNAPSHOT



Danielle Ferguson/Iowa State Daily

Warm weather returns to campus, inspires students to organize recreational activities in sunshine

Students enjoy a 77-degree day on Central Campus on Tuesday by slacklining, an activity when web-like material is tethered between two anchor points for people to tightrope across. Other students lay in hammocks, play ultimate Frisbee, toss a football or sprawl out on blankets to read. As the weather improves, more students begin to spend time outdoors.

SAFETY p3

able to talk to students about sexual assault prevention during those times. In the past, the campaign was introduced in conjunction with Veishea to keep students practicing safe partying. Greiter said since there is no specific

week the departments expect higher-risk behavior, they will spread out the engagement events throughout the month. "We don't have one event that we're targeting any more. It's always been a spring campaign, but we have put extra focus on Veishea for obvious rea-

sons," Greiter said. "People kind of see it as a party week whether that was the intent or not and so we knew there was the potential for more of a concern. We wanted to amp up our contact with people prior to that." Students, such as CAs, have benefitted from having each department's num-

bers saved in their phone, Greiter said. "While I don't have a scientific way to measure it, I think that the approachability of our officers shows a lot," Greiter said. "Students are willing to come up to our officers to interact with us in a positive way whether they have a prob-

lem or not. Every year at the spring campaign event, I've had at least two or three people come up and say, 'I'm so glad I put this number in my phone. I called you for this or that, or I have you on speed dial because I've called so many times.'" Greiter said both Ames and ISU Police want stu-

dents to keep safety a priority. "Students may choose to drink and I get that, as long as they do it safely," Greiter said. "They need to use their heads even when they're not in class. As long as they do it in an intelligent manner, we're going to have a much safer community."

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